

HOW TO FOLD COTTON LEG WRAPS

1. You will need BB Satin Star 12's manufactured by Polyester Fiber 30"x36"



2. Take one sheet, open it up and then fold it perpendicular to the original fold. Set aside.



3. Take another sheet, open it up flat onto the table.



4. Place the folded 1st sheet inside of open 2nd sheet with crease facing the edge of the 2nd sheet.



5. Fold the 2nd sheet over the first sheet, making sure to line up the edges on the outside to the fold on the inside.



6. Tightly roll up the completed leg wrap and either place on the leg or wrap a rubber band for use at a later time.

